



LUNCH N' LEARN:

LEARN TO LISTEN POWERFULLY

January 26th | 12:00 - 1:30 p.m. | SAR Mack Powell Auditorium

In a noisy world its easy to miss what is going on around us, opportunities are lost, safety is jeopardized, and relationships suffer. Becoming mindful of our 4 listening skills not only will enhance your relationships and improve your family life, but increase your safety and improve your odds of spotting greater opportunities.



Give yourself the Tactical Advantage, make listening a technique!



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- Powerful Listening*
 - Work Better*
 - Powerful Advantage*
 - Live Better*
 - Powerful Influence*
 - Lead Better*
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Speaker: Suzanne Cruz, Speaker/Author of Tactical Leadership Solutions

Recognized by the district attorney's office as a model for awareness and compassion Suzanne has over a decade in the law enforcement and professional safety field. Suzanne is a top speaker in colleges on the topic of student safety and success and in the business world leading the way in awareness and mindfulness skills that increase efficiency.

Suzanne is an award-winning speaker, and also writes and podcasts promoting the idea, that life really can be both fun and less stressful. Through humor and real life experiences Suzanne is a popular and in demand speaker on the topic of strength and success through adversity and by avoiding unnecessary adversity.

**Friday, January, 26 2018 | 12:00 - 1:30p.m. | SAR Mack Powell Auditorium,
 2003 Howe Ave, Sacramento | Pre-paid Members \$25 | Non-members/Walk-ins \$35**



IREM Lunch N' Learn: Learn to Listen Powerfully Registration Form:

Name _____

Company _____

Phone _____ Email _____

Address _____

City _____ State _____ Zip _____

_____ Number of tickets to attend the event (Members - \$25 • Non-Members/walk-ins - \$35) \$ _____

Additional Attendees:

Name: _____ Email: _____

Name: _____ Email: _____

Name: _____ Email: _____

Name: _____ Email: _____

Name: _____ Email: _____

Name: _____ Email: _____

PAYMENT

Check enclosed (payable to IREM Sacramento) **Credit Card:** MC Visa AMEX

Credit Card # _____ Exp.: _____ V-Code _____

Cardholder Signature _____

Cardholder Name (print) _____

Billing Address _____

City _____ State _____ Zip _____

Cancellation Policy – No refunds for cancellations or no-shows on attendee tickets with less than 72 hours notice. **Register online at www.iremsac.org or mail or fax registration form to: IREM • P.O. Box 509, Clarksburg, CA 95612 • Fax: (916) 914-2400 • megan@iremsac.org**